



Healing Together: Overcoming Burnout

January 21st, 2025
9:00am - 2:00pm
5705 Uptain Rd.
Chattanooga, TN 37411

Register Here:



What to Expect:

- Learn practical takeaways to avoid burnout
- Experience virtual meditation
- Access a curated resource guide for self-care
- Enjoy post event networking & relaxation